





The Toastmaster's Promise


As a member of Toastmasters International and my club, I promise

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To attend club meetings regularly
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To prepare all of my projects to the best of my ability, basing them on the Toastmasters education program
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To prepare for and fulfill meeting assignments
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To provide fellow members with helpful, constructive evaluations
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To help the club maintain the positive, friendly environment necessary for all members to learn and grow
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6

To serve my club as an officer when called upon to do so
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To treat my fellow club members and our guests with respect and courtesy
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To bring guests to club meetings so they can see the benefits Toastmasters membership offers
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To adhere to the guidelines and rules for all Toastmasters education and recognition programs
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To act within Toastmasters' core values of integrity, respect, service and excellence during the conduct of all Toastmasters activities